

BACKGROUND – May 19, 2009

CHAMPLAIN LHIN INVESTING IN MORE CARE FOR SENIORS AND COMMUNITY SERVICES

The Champlain Local Health Integration Network (LHIN) is receiving \$24,934,799 in 2009/10 for a number of initiatives to help seniors live healthy, independent lives in their own homes and to decrease the number of alternate level of care (ALC) patients in hospitals.

Having more home care and community services enables an ALC patient to leave hospital sooner, making more beds available to emergency room patients. These services also provide ongoing health supports to seniors which reduces their need to go to their hospital ER.

Aging at Home Strategy

The Champlain LHIN is receiving \$17,219,166 in 2009/10 to increase the range and quantity of services available to seniors, and to help relieve pressure in hospitals and long-term care homes. This year's Aging at Home investment is an increase of \$10,290,298 from 2008/09.

The Aging at Home program expands traditional services that help seniors stay healthy and live at home. These services include home care, assistive devices, assisted living/supportive housing and end-of-life care.

The Aging at Home program also encourages innovation at a local level, by giving LHINs the flexibility to start some creative projects that are tailor-made for seniors living in communities with specific needs. (See attached chart for details of the Champlain LHIN project).

Urgent Priorities Fund - Addressing ALC Pressures

The Champlain LHIN is receiving \$2,085,333 to help provide community alternatives to hospital care.

Last year, this fund helped to:

- Reduce ER visits by providing additional community supports through supportive housing or by placing more nurses in long-term care homes
- Move ALC patients to a more appropriate health care setting as quickly as possible by improving the electronic flow of information from hospitals to long-term care homes

Increasing Home Care Services – CCAC Service Maximums

The Champlain LHIN is receiving \$5,380,300 in 2009/10 for changes made last year to increase the availability and integration of home care services. This included increasing the limits on hours of person support/homemaking services by 50 per cent, and removing limits entirely for patients waiting for a long-term care bed or receiving end-of-life services at home.

Nurse-Led Outreach Team

The Champlain is receiving \$250,000 for a nurse-led outreach team that is has been created to provide long-term care home residents with timely and appropriate care, and stabilize residents who need more urgent attention. This team of nurse practitioners and registered nurses travel to LTC homes to assess urgent problems, determine the need for hospitals care, and provide interventions (such as intravenous therapy, antibiotic management and administering oxygen) in cases where unnecessary visits to the hospital and the ER can be avoided.

2009/10 Aging at Home Project Summary - Champlain LHIN

Updated: 2009-05-14 12: 00 PM

Initial Year	Project Title	Health Service Provider Name	Project Description	2009/10 Planned
Year 1 (2008/09)	Active Living Programs/House Calls	CSC de L'Estrie	Drop-in centre for seniors, mobile medical clinics for frail seniors, congregate dining, free physiotherapy services, friendly home visiting and telephone calls, outreach to connect with isolated seniors, case coordination, transportation, interpretation.	\$389,128
Year 1 (2008/09)	Expansion of Supportive Housing Program for seniors & adults with physical disabilities	Canadian Red Cross Society-Community Health Services-Cornwall	Expansion to current program. Services would include homemaking / attendant care. Service to 18 clients.	\$175,000
Year 1 (2008/09)	Services for Homeless and Street Involved Seniors	Ottawa Inner City Health	Community Health Centre services to provide support aimed at high-risk, homeless seniors with mental health and complex conditions in an existing supported housing program. Integrated service plans will be developed with LESA (Centretown CHC, Wabano Centre for Aboriginal Health).	\$307,220
Year 1 (2008/09)	Supportive Housing	Williamsburg Non-Profit Housing Corp	Supportive housing is offered to eligible seniors and frail elderly tenants living in the 50 subsidized and market rent apartments including 5 units designed for the frail elderly. Seniors who are convalescing and can benefit from non-medical support provided by PSWs at a respite apartment will also be assisted.	\$261,780
Year 1 (2008/09)	Support Services for Seniors in Crisis	Carefor Health and Community Services	To establish crisis support services for seniors experiencing abuse and for caregivers in crisis living in Cornwall, Morrisburg,, Limoges and surrounding areas.	\$158,000
Year 1 (2008/09)	Aging in Place	Champlain CCAC	To continue current operations (in 5 buildings) & expand up to 9 buildings. Provides comprehensive bilingual services to approx 2,000 seniors living in 9 Ottawa Community Housing subsidized seniors' buildings.	\$1,350,000
Year 1 (2008/09)	Caregiver Respite, Relief & Counseling (Eastern Counties)	Champlain CCAC	Program includes early response & counselling, a single integrated service plan, choice in services obtained, & improved linkages between providers. Will focus on moderate stage dementia including those with developmental & mental health issues.	\$509,000

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2009/10 Aging at Home Project Summary - Champlain LHIN

Updated: 2009-05-12 11:00 AM

Initial Year	Project Title	Health Service Provider Name	Project Description	2009/10 Fiscal
Year 1 (2008/09)	Outreach Services to frail, low income seniors with complex needs.	South-East Ottawa Centre for a Healthy Community	Via outreach teams organized in a shared care model, service will include response to immediate needs, monitoring and support for care plans, individual health information, advice and education, screening for environmental/ safety risks.	\$365,000
Year 1 (2008/09)	Circle of Care - A culturally relevant initiative for Aboriginal Seniors	Wabano Centre for Aboriginal Health	Expansion and improvement of mental health services including intensive case management to at-risk aboriginal, urban seniors, in a culturally appropriate manner with approaches that are evidence-based for the Aboriginal community.	\$300,000
Year 1 (2008/09)	Regional Geriatric and Community Intervention Program	The Ottawa Hospital Corporation	The Integrated Regional Geriatric & Community Intervention Program intends to coordinate evidence-based initiatives in 9 hospitals with community geriatric support services necessary to sustain high-risk seniors in the community.	\$4,000,000
Year 1 (2008/09)	Day Program	Bruyère Continuing Care, Résidence Saint-Louis	The Résidence St-Louis proposes to hire an additional community program worker for the Day Program to address the waiting list. The Day Program provides a secure environment for francophone seniors in advanced stages of dementia.	\$45,000
Year 1 (2008/09)	Geriatric Mental Health Outreach Team - Enhancement	Royal Ottawa Health Care Group	These teams provide support and collaborate with primary health services, building capacity across various providers who care for seniors in each community of the Champlain region. Includes specialized mental health services and bilingual capacity.	\$886,859
Year 1 (2008/09)	Support and Transitional Housing	Montfort Renaissance	Support and transitional housing for francophone seniors experiencing mental health and/or addictions problems. Seniors with a monthly income of under \$1,200 will be served. The goal is to avoid unnecessary hospitalization and homelessness.	\$728,000
Year 1 (2008/09)	Supportive Housing Program	Marianhill Inc.	Expansion of Supportive Housing Program in Eganville and Petawawa.	\$500,300
Year 1 (2008/09)	Aging at Home Care Collaborative - Community of Care	Kemptville District Hospital	This program includes a specific roster of seniors within a defined geography. Provides a variety of programs including fitness, socialization, transportation, fall prevention, and multi-medication risk reduction.	\$650,000

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2009/10 Aging at Home Project Summary - Champlain LHIN

Updated: 2009-05-12 11:00 AM

Initial Year	Project Title	Health Service Provider Name	Project Description	2009/10 Fiscal
Year 1 (2008/09)	Personal Support/Respite Service for physically disabled seniors & Adult Day Service expansion	North Renfrew LTC Services Inc.	24-hour flexible in-home supports, including homemaking, personal support and respite services for 15 clients currently on the wait list for Long-Term Care, in addition to a day program for 10 more clients in Deep River. Program is led by North Renfrew Long Term Care Services Inc. in partnership with community paramedics.	\$530,015
Year 1 (2008/09)	Community Support Services	Mohawk Council of Akwesasne	Enhanced culturally sensitive community support services along the continuum of care to First Nation seniors and their families to remain in a home environment. Expansion of existing community support services to provide more in-home services to seniors & their families. Includes staff training component, and service coordination capacity.	\$217,000
Year 1 (2008/09)	Health Clinics in Eastern Counties	Carefor Health & Community Services - Eastern Counties	Information and advice to physically disabled, frail elderly and their caregivers in clinic environment. Clinics provide a variety of services including information and advice to frail elderly & their caregivers. The project aims to prevent emergency room visits & hospitalization.	\$268,000
Year 1 (2008/09)	Transitional Care	Renfrew Victoria Hospital	This project is a continuation of a short-term Alternative Level of Care (ALC) project. Patients who are now waiting in hospital in acute care beds will move to Grove Park Lodge while waiting to enter LTC facility of their choice.	\$100,000
Year 1 (2008/09)	Demonstration Project- Quick Response Service	Bruyère Continuing Care	Alternative to emergency room or acute care to stabilize clients during crises. The project promotes functional abilities, and provides education and counselling for a safe return home after a 5 to 9-day stay in the Quick Response Unit.	\$677,000
Year 1 (2008/09)	Senior Immigrant Engagement Program	Jewish Family Services of Ottawa Carleton	In collaboration with a variety of local ethno-specific groups, this program addresses gaps in culturally competent and linguistically appropriate services for seniors, including service coordination and development of best practices.	\$600,000

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2009/10 Aging at Home Project Summary - Champlain LHIN

Updated: 2009-05-12 11:00 AM

Initial Year	Project Title	Health Service Provider Name	Project Description	2009/10 Fiscal
Year 2 (2009/10)	Integrated Falls Program	Pinecrest Queensway Health & Community Services	Development of an integrated and inter-agency falls prevention program based on best practices. Services include therapist assessment, treatment, teaching and education to patients at risk of falls and their caregivers. An integrated falls program team will plan and implement a model in Ottawa, including education and liaison with staff of community organisations and primary care health teams.	\$344,500
Year 2 (2009/10)	Supportive Housing for Senior Homeless Women	Ottawa Inner City Health Inc.	Assisted living services for high-risk seniors, homeless women with mental health, addiction and chronic conditions.	\$101,564
Year 2 (2009/10)	Supportive Housing & Homemaking Services	Algonquins of Pikwàkanagàn	Expansion of culturally appropriate supportive housing, homemaking & health-promotion services for the community.	\$105,000
Year 2 (2009/10)	Going Home	Carefor Health & Community Services	Provides basket of subsidized community support services for elderly patients in the emergency departments and admitted to hospitals to allow elderly patients to return and remain safely in their home.	\$535,000
Year 2 (2009/10)	First Link for individuals with dementia and their families	Alzheimer Society of Ottawa and Renfrew County	Connects individuals newly diagnosed with Alzheimer disease or related dementias and their families to community services and support throughout the disease continuum.	\$262,500
Year 2 (2009/10)	Rural Nurse Practitioner Community Outreach	St. Joseph's Villa (Cornwall)	Emergency Department (ED) Nurse Practitioner working in partnership with providers in Long-Term Care to avoid ED transfers for residents who could be cared for outside of hospital with enhanced services.	\$244,150
Year 2 (2009/10)	Expansion of the Regional Memory Disorder Clinic	Bruyère Continuing Care	Provides early diagnostic & treatment services to anglophones and francophones with dementia through an interdisciplinary team.	\$300,000
Agreements with HSPs are not in place for these amounts.			TOTAL Allocated	\$14,910,016
			TOTAL Unallocated	\$2,309,150
			TOTAL Funding Envelope	\$17,219,166